



THE EMPIRE COOKS BACK

COOK-OFF REGISTRATION

Teams are responsible for providing all equipment, ingredients, and setup items needed for their dish. M4 Louisiana will supply sample bowls, utensils, and napkins. Prep work such as cutting meats and vegetables may be completed before arrival, but no cooking is allowed beforehand except for plain rice or noodles. Each team must prepare enough servings for 300 people. Setup takes place from 6:00 to 8:00 a.m., and all vehicles must be removed by 8:00 a.m. Judging samples will be accepted between 11:00 and 11:10 a.m., with awards presented for 1st, 2nd, and 3rd place, as well as a People's Choice winner announced at 3:00 p.m.

- Registration fee: \$100 per booth
- Max booth size: 10 ft. x 10 ft.
- Team name must be clearly displayed
- No political signage allowed
- Booths assigned by payment order or committee decision
- Family-friendly event — captains are responsible for team conduct
- Teams must serve by 11:00 a.m.
- Teardown only after awards
- Maintain clean stations
- Judging boxes provided
- Bring samples to judging area between 11:00–11:10 a.m.
- Prizes: 1st, 2nd, and 3rd place
- People's Choice announced at 3:00 p.m.
- Teams using grease/oil must provide absorbent covering
- No grease containers provided — handle your own disposal
- Fire extinguisher required at all times (checked by Fire Marshal)

Team Name: _____

Business/Organization Name (If applicable): _____

Dish You Will Serve: _____

Is Electricity Needed? Yes No

Team Captain Name: _____

Team Captain Phone Number: _____

Team Captain Email Address: _____

By signing this form, I understand that I have read and acknowledge the rules above and that we are responsible for the complete cleanup of our area, including proper grease/oil disposal.

Signature: _____ Date: _____

Printed Name: _____

Mail Entry Fee To: M4 Louisiana ATTN: GCCS 221 Venture Blvd, Houma, LA 70360